

Living Well: Helping Veterans Manage Their Health

Pre-registration is required

Call: 866-414-5058 ext 3352

Or

612-467-3352

2009 Class Schedule Minneapolis VA Medical Center

Room: 1B-102

Thursdays: 3/5, 3/12, 3/19, 3/26, 4/2, 4/9

Time: 12:00pm-2:30pm

Room: 1B-102

Wednesdays: 4/22, 4/29, 5/6, 5/13, 5/20, 5/27

Time: 9:00am-11:30am

Room: 1B-102

Tuesdays: 6/2, 6/9, 6/16, 6/23, 6/30, 7/7

Time: 9:00am-11:30am

Room: 1B-102

Thursdays: 7/23, 7/30, 8/6, 8/13, 8/20, 8/27

Time: 12:00pm-2:30pm

Room: 1B-102

Wednesdays: 9/16, 9/23, 9/30, 10/7, 10/14, 10/21

Time: 12:00pm-2:30pm

Room: 1B-102

Tuesdays: 11/3, 11/10, 11/17, 11/24, 12/1, 12/8

Time: 12:00pm-2:30pm

This six week program will help you and your support person learn to live a healthy life with chronic conditions.