

Outpatient Post-Cystoscopy Instructions

You have had a cystoscopy. Cystoscopy means *looking into the bladder*. This was done so the doctor could inspect your urethra, bladder, and prostate (in men) to diagnose your problem.

Medicine may be ordered for you based on your special needs. Be sure to read the label on the bottles carefully. Check for the following while you are at the pharmacy window or before you leave the Outpatient Surgery Unit:

1. Your name and social security number should be correct.
2. You should understand the directions on the bottle. This way you are sure to use the medicine correctly and safely.
3. If you are getting a refill, check that the name of the drug is the same. Also check to see if the pills look the same as before. If something is different, ask. *Never* take medicine you are not sure of.

The cystoscope may irritate your urethra. It will help if you drink a lot of water for the next 24 to 48 hours (one to two days). This means at least one and a half quarts *or* 8-10 full glasses of water or juice. You probably should not drink any beer or liquor for five days, if you are taking antibiotics.

You may feel burning when you urinate. This is common and should go away in one to two days.

There may be some bleeding from the urethra. This will make your urine look pink or brown. You may feel the need to urinate often. A small amount of air may come out the first time you urinate. These problems are usually gone after one to two days. You may take Tylenol for pain, if you wish. Do not take more than two tablets every three or four hours.

Call your doctor or nurse if:

- You have a fever or chills
- Your urine turns from clear to bloody clots
- You cannot urinate

If you have these or any other problems or questions, call the Urology department at:

(612) 467-3532

Monday-Friday between 8:00 a.m. and 4:30 p.m.

At any other time call Urgent Care at:

(612) 467-2771

(over)

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