

Parkinson's Disease Support Group

Sponsored by
Richmond/Southeast Parkinson's Disease Research Education and Clinical Center
Hunter Holmes McGuire VAMC
1201 Broad Rock Boulevard – Neurology #127
Richmond, VA

What is Parkinson's disease?

Parkinson's disease (PD) affects over one million people in the United States. It is a progressive neurological condition that affects movement and balance.

Symptoms of PD may include slow movement, poor balance, tremor or shaking and muscle stiffness. Although symptoms can be lessened, they progress despite the availability of a variety of treatment and management strategies.

People with PD and their families must learn to cope with many daily challenges that this disorder causes. As a result, the Richmond/Southeast Parkinson's Disease Research Education and Clinical Center (PADRECC) sponsors a monthly support group to educate and to offer support to veterans with Parkinson's disease and their family caregivers.

How Can the PADRECC Support Group Help?

The goal of the support group is to help veterans with Parkinson's disease and their family caregivers learn to adapt more positively to the physical, emotional and social changes associated with Parkinson's disease. It is our hope that members will gain a better understanding of this illness and will be better able to cope with its challenges.

The PADRECC support group provides an understanding environment in which people who are experiencing similar symptoms and side effects can come together to discuss common problems, learn new coping strategies and offer support and encouragement to one another.

The PADRECC support group is a treatment option that offers help, guidance and support to people with Parkinson's disease and their families.

Our Meetings

The PADRECC support group meets every 4th Thursday of each month from 1:00-2:30 p.m. at Hunter Holmes McGuire VA Medical Center, 1201 Broad Rock Boulevard, room 2K-113 and 115. Our meetings consist of an educational program followed by separate meetings for people with Parkinson's disease and their family caregivers.

For more information about the group and/or if you would like for your name to be added to our mailing list, please call (804) 675-6952.

Directions

The support group meeting is held in rooms 2K-113 and 115 located on the 2nd floor of the medical center. From any entrance, go to the cafeteria and take the elevators near there to the 2nd floor. Turn right off the elevators and then your next right. Go down the hall and look for the green "Personnel/Conference" banner on the left and make a right through the double doors. Rooms 2K-113 and 115 are the right.

