

THE AMERICAN VETERAN

JUNE 2007 EDITION

SEGMENT TITLE: NEWS YOU CAN USE

JENNIFER BRADEN, HOST: NOW, FOR SOME NEWS YOU CAN USE.

IMPROVING V-A PROGRAMS FOR THE NEXT GENERATION OF HEROES: THAT'S THE CHARGE FOR A NEW ADVISORY COMMITTEE ON IMPROVING PROGRAMS FOR IRAQI FREEDOM AND ENDURING FREEDOM VETERANS AND THEIR FAMILIES. THE SEVENTEEN PERSON PANEL WILL ADVISE SECRETARY OF VETERANS AFFAIRS, JIM NICHOLSON, ON A RANGE OF PROGRAMS FROM HEALTH CARE TO FINANCIAL BENEFITS. RETIRED MILITARY AND FAMILY MEMBERS FROM AROUND THE NATION MAKE UP THIS NEW ADVISORY COMMITTEE. IF YOU'D LIKE TO CONTACT THE COMMITTEE, YOU CAN EMAIL OIF OEF AT V-A DOT GOV

A TIME OF REMEMBRANCE: ON MAY 20TH, FAMILIES OF FALLEN HEROES IN AFGHANISTAN AND IRAQ WERE BROUGHT TOGETHER IN WASHINGTON, DC. THE TRIBUTE WAS HELD ON THE GROUNDS OF THE WASHINGTON MONUMENT TO HONOR THOSE WHO HAVE DIED IN SERVICE TO THEIR COUNTRY AND THE FAMILIES THEY LEFT BEHIND. GOLD MEDALS OF REMEMBRANCE WERE PRESENTED TO THE CHILDREN OF OUR FALLEN HEROES.

JOSH GROBAN SINGING "YOU RAISE ME UP" IN BACKGROUND

BRADEN: THE PSYCHOLOGICAL TRAUMA FROM COMBAT CAN ALSO HURT LOVED ONES DEALING WITH VETERANS WITH PTSD. A NEW BOOK BY A FORMER VA READJUSTMENT COUNSELOR TITLED "BACK FROM THE FRONT, COMBAT TRAUMA, LOVE AND THE FAMILY" OFFERS WAYS TO GET HELP. THIS RESOURCE PROVIDES HOPE AND HEALING FOR RETURNING WARRIORS, THEIR SPOUSES, THEIR FAMILIES AND ALL THOSE WHO CARE ABOUT THEM. IF YOU HAVE QUESTIONS OR CONCERNS ABOUT PTSD, CHECK OUT THE VET CENTERS' WEB SITE AT WWW DOT VETCENTER DOT VA DOT GOV

HOW DO YOU GET THIRTY THOUSAND VETERANS TO "MOVE"? THROUGH VA'S "MANAGING OVERWEIGHT VETERANS EVERYWHERE" PROGRAM, BETTER KNOWN AS "MOVE". THE GROWING PROBLEM OF OBESITY AND DIABETES IS ESPECIALLY ACUTE IN THE OLDER VETERAN POPULATION. VA MEDICAL CENTERS AND OUTPATIENT CLINICS ACROSS THE NATION ARE ENCOURAGING VETERANS TO EXERCISE, CHANGE THEIR BEHAVIOR AND IMPROVE THEIR DIET. SINCE VA OFFERS LIFE-LONG CARE, IT'S IMPORTANT THAT VETERANS, ESPECIALLY OLDER ONES, "MOVE". TO LEARN MORE, VISIT WWW DOT MOVE DOT VA DOT GOV

END OF VIDEO