

# **After the Storms: Employees' Guide to Managing Stress**

This series of national informational programs about common stress responses following natural disaster is sponsored by the South Central MIRECC, the South Central VA Health Care Network (SCVAHCN), and the SCVAHCN Mental Health Product Line, in collaboration with the National Centers for PTSD and the VA Employee Education System (EES)

## **“Social Support and Services for Employees: The Houston Experience”**

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**comments by  
Maga Jackson-Triche, MD, Director, Mental Health Service Line  
New Orleans VA Medical Center**

**February 27, 2006  
11:30 AM – 12:00 PM CT (12:30 – 1:00 PM ET)**

**Channel 1, VA Knowledge Network and the Content Delivery Network (CDN)**

*Two displaced employees from the New Orleans VA Medical Center – Ms. Holliday and Ms. Mavis – describe their experiences during and after the hurricanes. They will talk about some of their difficulties over the past six months and how they have managed to cope. The involvement of family and friends is mentioned frequently. Also, two employees from the Michael E. DeBakey VA Medical Center – Ms. Dawkins-Oliver and Dr. Arlinghaus – describe how their facility responded to the needs of displaced employees and how this experience has affected them. They report feeling gratified to be able to help fellow VA family members.*

*Following this presentation, Dr. Jackson-Triche will make general comments and discuss the importance of social support for health coping.*

**Rebroadcast:**    **March 2, 4:00 PM ET, CH 1**                      **March 14, 9:30 AM ET, CH 1**  
                         **March 7, 10:30AM ET, CH 1**                      **March 15, 8:30 PM ET, CH 1**  
                         **March 10, 6:00 PM ET, CH 1**

If you have topics, issues, or questions that you would like addressed in these programs, please contact [Michael.kauth@med.va.gov](mailto:Michael.kauth@med.va.gov).

Each program will be taped and archived in the CDN library