



## *South Central MIRECC NewsFlash*

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### *“Closing the efficacy-effectiveness gap”*

## **After the Storms: Employee’s Guide to Managing Stress The Shreveport and Houston Experience**

The fifth program in the series, *Social Support and Services for Employees: The Shreveport Experience*, will be broadcast **March 20, 2006 at 11:00 AM-11:30 AM CT (12:00 PM-12:30 PM ET)** on Channel 1, VA Knowledge Network and on the Content Delivery Network (CDN) at <http://vaww.vakncdn.lrn.va.gov/>. This program features Mr. Tyrone Humprey, a displaced New Orleans employee, who lost his home during Hurricane Katrina. Mr. Humprey talks about how he has managed to cope over the past six months. He is currently located at the Overton Brooks VA Medical Center in Shreveport. Two Shreveport employees, Ms. Harriet Cunningham, RN, and Ms. Kimberly Banks, RN, describe how their facility responded to the needs of displaced employees and how this experience has affected them. Following this presentation, Dr. Josef Ruzek, from the National Center for PTSD, makes general comments and notes the importance of social support for healthy coping.

This program will be rebroadcast on the following schedule on VAKN, Channel 1:

March 24, 5:00 PM ET	April 3, 8:00 AM ET
March 28, 9:00 AM ET	April 5, 7:00 PM ET
March 29, 3:30 PM ET	

The fourth program, *Social Support and Services for Employees: The Houston Experience*, has one final rebroadcast date on VAKN, Channel 1: March 15, 8:30 PM ET.

In this program, Ms. Cassandra Holliday and Ms. Deborah Mavis describe their experiences during and after the hurricanes. Two employees from the Michael E. DeBakey VA Medical Center – Ms. Dawkins-Oliver and Dr. Arlinghaus – describe how their facility responded to the needs of displaced employees. At the close, Dr. Jackson-Triche makes general comments and discussed the important of social support for health coping.

This series is sponsored by the MIRECC, the South Central VA Health Care Network (SCVAHCN), and the SCVAHCN Mental Health Product Line, in collaboration with the National Centers for PTSD and VA Employee Education System (EES).

