



a clinician's view...

My Health_e Vet

Veterans Health Administration leadership remains committed to a VHA health system that promotes efficiency, assures high quality care, and provides optimal access for the veteran population—a system that sets a national standard of excellence for the health care industry.

VHA's Vision 2020 describes My Health_e Vet:

"VHA is also leading by example by providing a Web "portal" for patients to better manage their health and health records. Though still in development, VHA's "My Health_e Vet" will create an Internet environment to allow patients to find information to answer health questions, alert clinicians to problems, and review their health records. In the future, patients will be able to reorder medications and even schedule appointments online."

What is My Health_e Vet?

My Health_e Vet is a web-based application that creates a new, online environment where veterans, family, and clinicians may come together to optimize veterans' health care.

Web technology will combine essential health record information enhanced by online health resources to enable and encourage patient/clinician collaboration.

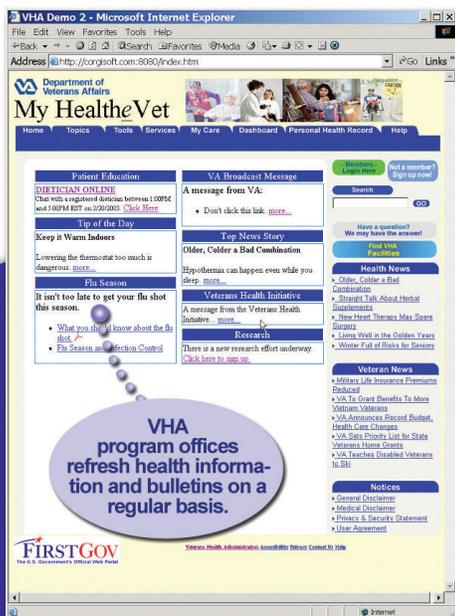
How will I use My Health_e Vet to enhance my patients' care?

My Health_e Vet is being developed as a tool to help you—the clinician—partner with your patients to optimize their health.

You will be able to:

- Monitor health status more quickly, without unnecessary face-to-face visits. Ask patients to self-enter their daily metrics, e.g., blood pressure, blood glucose, weight, and pulse. You can view their entries through My Health_e Vet.
- See a fuller picture of the patient's total care. Ask patients to let you see health information, including medications, that they have added to the self entered section.
- Allow outside providers to understand the patient's total care. Ask veterans to share their VA medical care history with their non-VA providers.
- Use progress notes as a tool for patient education. Veterans will be able to view the notes from home and refresh their memories of your instructions.

My Health_e Vet



<http://www.myhealth.va.gov>

How will My HealthVet improve veterans' health?

With My HealthVet, veterans will be able to:

- Become partners with their caregivers in optimizing their health. Educated, empowered patients will take a more active role in self-management and in shared health care decision making.
- Explore a variety of options available to improve their health.
- Gain a better understanding of their health status.
- Manage their health information in their account.
- Enable veteran advocates, such as veteran service officers (VSOs), to see health record data in order to assist veterans in the VA claims process.

Features of My HealthVet

First release of My HealthVet:

- Veteran participation is voluntary.
- Each participating veteran will have access to and control of his/her customizable online environment.
- A commercial Health Education Library will contain information on medical conditions, medications, health news, and preventive health.
- Library available to clinicians; addressable from CPRS toolbar and included in order sets.
- Showcases education and program information developed by VHA program offices
- Contains the latest VA / VHA news.
- Contains a prescription checker, health calculators, and self assessment tools.
- Maps to benefits and resources available in VA and other federal sources.

Future releases:

- Veterans will be able to request and store key portions of their VA health record in a secure, unique and personal repository.
- Veterans will be able to add self-entered metrics (such as blood pressure) and notes.
- Online services will include prescription refills, the ability to view next appointment date and time, and the ability to see total co-payment balance.
- Veterans will be able to grant access to all or some of their health information to others, such as family or veteran advocates, and VA and non-VA providers.

Where Can I See It?

After November 11, 2003, view the new web portal at:

<http://www.myhealth.va.gov/>

Veterans will have one-stop-shopping for VA benefits, special programs, health information and services, as well as health assessment tools.

To see the electronic health record functionality, log in to the pilot as a demonstration patient:

<http://www.health-evet.va.gov/>

Username: demouserb
Password: password_\$1

Veterans are currently participating at 9 VA medical centers throughout the VA health care network.

What's next?

My HealthVet

Veterans Day 2003 - National release of the new veteran ehealth portal

Next releases will include:

- Online prescription refill
- Self-entered data and metrics such as blood pressure
- View appointments and total co-pay balance
- Electronic health record data



Veteran will be able to enter metrics (BP, Blood sugar) and track progress.

Veteran will be able to request key portions of VistA health record, store securely in encrypted eVault, & share with care providers.

Veteran will be able to grant access to family, providers, and advocates.

Fall 2003
VHA Office of Information
Department of Veterans Affairs

