



CORE CONSUMER HEALTH BOOKS

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On Behalf Of The

CONSUMER HEALTH LIBRARY PANEL
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INTRODUCTION

This core bibliography includes consumer health books that have been selected and evaluated by the Consumer Health Library Panel. These books cover many subject areas for answering many types of consumer health questions, and are recommended for a basic collection in any size library. Professional level sources were not included, since those titles should be essential for and available in every VHA Medical Library; the assumption is made that those resources should be available to veterans through each Medical Library.

The titles were selected after examining books in several major VALNET libraries as well as several existing core lists of consumer health materials from the Consumer and Patient Health Information Section of the Medical Library Association. Evaluation criteria included:

- Qualifications and affiliations of the author(s)
- Readability of material, including reading level and appropriateness of tone and vocabulary
- Scope of content, including depth and balance
- Quality of writing
- Currency and accuracy of information
- Usefulness to consumers for informed decision-making

This document is only as good as its last review. Maintaining the usefulness of the materials listed will be an ongoing process. Continuing assessment of new materials to consider adding will have to be done to assure that each subject area remains current and meaningful. As such, the CHLP is asking for your assistance. Please contact the CHLP Exchange Mail group (VHA Consumer Health Library Panel or CHLP@hq.med.va.gov) with your recommendations for additions/deletions.

Series:

Omnigraphics

Mayo Clinic on Health

American College of Physicians Home Medical Guides

General Medical Books

American College of Physicians complete home medical guide. 2nd ed. David R. Goldmann, editor. Dorling Kindersley. 2003. ISBN 0-7894-9673-9.

American Medical Association Complete Medical Encyclopedia. American Medical Association. Random House. 2003. ISBN 0812991001

Complete Guide to Symptoms, Illness & Surgery. H. Winter Griffith. Perigee, 2006. ISBN 0-399-5321-4

Cornell illustrated encyclopedia of health. Antonio Gotto, editor. LifeLine Press, 2002. ISBN 0895261963.

Current medical diagnosis and treatment. Annual. Steven Schroeder, editor. Appleton Lange Pub.

Harvard Medical School family health guide. Anthony L. Komaroff, editor. Free Press, 2005. . (ISBN 0-684-86373-1). Updated on the Harvard Publications web site at: <http://www.health.harvard.edu/fhg>

Johns Hopkins symptoms and remedies: the complete home medical reference. Simeon Margolis, editor. Rebus, 2005. ISBN 1933087161.

Mayo Clinic family health book, 3rd edition. Scott Litin, editor. HarperResource, 2003. ISBN 0060002506.

Merck manual of diagnosis and therapy. 18th edition. Mark H. Beer, editor in chief. Merck, Sharp & Dohme Research Laboratories, 2006. ISBN 0911910182. Complete text available online at: <http://www.merck.com/pubs>

Merck manual of medical information : 2nd home edition. Mark Beers, editor. Merck Research Laboratories, 2003. ISBN 0911910352. Complete text available online at: <http://www.merck.com/pubs>

NORD guide to rare disorders. 3rd edition. Lippincott Williams & Wilkins, 2003. ISBN 0781730635.

Aging

Johns Hopkins medical guide to health after 50: the latest recommendations from the Hopkins specialists. Simeon Margolis, editor. Black Dog & Leventhal Publishing, 2006. ISBN 1579124690.

Mayo Clinic on healthy aging. Edward T. Creagan, editor. Mason Crest Publishers, 2002. ISBN 1590842243.

Merck manual of geriatrics. 3rd ed. William B. Abrams and Robert Berkow, editors. Merck, Sharpe & Dohme, 2000. ISBN 9110910883. (updated topics are available at: http://www.merck.com/pubs/mm_geriatrics)

AIDS

The guide to living with HIV infection: developed at the Johns Hopkins AIDS clinic. 6th ed., by John Bartlett and Ann K. Finkbeiner. Johns Hopkins University Press, 2006. ISBN 0801884853 .

Allergies

The complete allergy book. Frank K. Kwong. Sourcebooks, 2002. ISBN 1570719535.

My house is killing me!: the home guide for families with allergies and asthma. Jeffrey C. May. Johns Hopkins University Press, 2001. ISBN 0801867304.

Alternative Therapies

The best alternative medicine. Kenneth R. Pelletier. Fireside, 2002. ISBN 0743200276.

Healing herbs: the essential guide, by H. Winter Griffith. Fisher Books, 2000. ISBN 1555612318 **The New York Times guide to alternative health.** Jane Brody, editor. Henry Holt. 2001. ISBN 0805067434.

Quick access consumer guide to conditions, herbs & supplements. Integrative Medicine Communications, 2000. ISBN 0-9670772-6-5.

Tyler's honest herbal: a sensible guide to the use of herbs and related remedies. 4th ed. Varro E. Tyler. Haworth, 1998. ISBN 0789007053. (new edition in process)

PDR for herbal medicines. 4rd rev. ed. Medical Economics Co., 2007. ISBN 1563636786 .

Alzheimer's Disease and Other Dementias

The 36-hour day: a family guide to caring for persons with Alzheimer disease, related dementing illnesses, and memory loss in later life. Revised 4th edition. Nancy Mace. Johns Hopkins University Press, 2006 . ISBN 0801885094 .

Alzheimer's Early Stages: First Steps for Families, Friends and Care-Givers. 2nd edition. Daniel Kuhn. Hunter House, 2003. ISBN 0897933982.

A Caregiver's Guide to Alzheimer's Disease: 300 Tips for Making Life Easier. Patricia R. Callone & others. Demos, 2006. ISBN 1-9326-0316-6

A Dignified Life: The Best Friend's Approach to Alzheimer's Care, A Guide for Family Caregivers. Virginia Bell. HCI, 2002. ISBN 075730060x

Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease. Joanne Koenig Coste. Mariner/Houghton Mifflin, 2003. ISBN 0-6184-8517-1

Losing my mind: an intimate look at life with Alzheimer's. Thomas DeBaggio. Free Press, 2002. ISBN 0743205650.

Anatomy

Atlas of human anatomy. Frank Netter, editor. Novartis Medical, 2003. ISBN 1929007213.

Anatomy and Pathology: The World's Best Anatomical Charts (The World's Best Anatomical Chart Series) (Spiral-bound). 5th edition. Anatomical Chart Company. Lippincott Williams & Wilkins, 2007. ISBN 0781773563.

Arthritis

The Arthritis Foundation's guide to good living with osteoarthritis. 2nd edition. Arthritis Foundation, 2006. ISBN 091242351X.

The Arthritis Foundation's guide to good living with rheumatoid arthritis. 3rd edition. Arthritis Foundation, 2006. ISBN 0912423501

The Arthritis Foundation's guide to managing your arthritis. Arthritis Foundation, 2001. ISBN 0912423285.

The arthritis helpbook: a tested self-management program for coping with arthritis and fibromyalgia, 6th ed. Kate Lorig and James F. Fries. De Capo Press, 2006 . ISBN 0738210382 .

The hospital for special surgery rheumatoid arthritis handbook. Stephen Paget. Wiley, 2002. ISBN 0471410454.

Cancer

American Cancer Society Consumers guide to cancer drugs. Gail Wilkes and Terri Ades. Jones and Bartlett, 2003. ISBN 0763722545.

American Cancer Society's informed decisions : the complete book of cancer diagnosis, treatment and recovery. 2nd ed. Gerald Murphy, Lois Morris, and Dianne Lange. American Cancer Society. Viking, 2001. ISBN 0-94423-527-1.

The Complete Revised and Updated Cancer Survival Guide: Everything You Must Know and Where to Go for State-of-the-Art Treatment of the 25 Most Common Forms of Cancer Peter Teeley. Broadway; Rev Upd edition , 2005. ISBN 0767919890.

Everyone's guide to cancer therapy : how cancer is diagnosed, treated, and managed day-to-day, 5th edition, by Malin Dollinger, et. al. Andrews and McMeel, 2008. ISBN 0740768573).

Everyone's guide to supportive cancer care: the complete guide for patients and their families. Ernest H. Rosenbaum. Andrews McMeel, 2005. ISBN 0740750410.

Caregiving

The American Medical Association guide to home caregiving. Angela Perry, editor. Wiley, 2001. ISBN 0471414093.

Eldercare 911: the caregiver's complete handbook for making decisions. Susan Beerman. Prometheus, 2002. ISBN 159102014X.

When aging parents can't live alone: a practical family guide. Ellen Rubenson. McGraw-Hill, 2000. ISBN 0737303204.

Death And Dying

Handbook for mortals: guidance for people facing serious illness. Joanne Lynn and Joan Harrold. Oxford, 1999. ISBN 0195116623.

Life and death on your own terms, by Lofty Basta. Prometheus Books, 2001. ISBN 1-57392-918-2.

Sacred passage: how to provide fearless, compassionate care for the dying, new ed. Margaret Coberly. Shambhala, 2003. ISBN 1590300173.

Talking about death won't kill you. Virginia Morris. Workman, 2001. ISBN 0761112316.

Tuesdays with Morrie: an old man, a young man, and life's greatest lesson, by Mitch Albom. Doubleday, 1997. ISBN 0-385-48451-8.

Dental Care

The Columbia University School of Dental and Oral Surgery's guide to family dental care. Rebecca W. Smith and the Faculty of the Columbia University School of Dental and Oral Surgery. W.W. Norton, 1997. ISBN 0-393-04036-4.

Nothin' personal doc, but I hate dentists!. McHenry Lee. IHD Publishing, 1999. ISBN 096748510X.

Diabetes

American Diabetes Association complete guide to diabetes 3rd ed.. American Diabetes Association, 2002. ISBN 1580401619. (mass market paperback available – 4th ed., 2006)

The family and friends' guide to diabetes: everything you need to know. Eve Gehling. Wiley, 2001. ISBN 0471348015.

The first year type 2 diabetes: an essential guide for the newly diagnosed. Marlowe and Co., 2006. ISBN. 1569242658

Insulin pump therapy demystified: an essential guide for everyone pumping insulin. Gabrielle Kaplan-Mayer, 2003. Marlow & Co., 2003. ISBN 1569245088.

Dictionaries And Encyclopedias

Dictionary of medical acronyms & abbreviations. 5th ed. Compiled and edited by Stanley Jablonski. Hanley & Belfus , 2004. ISBN 1560536322 .

Dictionary of medical syndromes. By Sergio Magalini. 4th ed. Lippincott, 1997. ISBN 0-397-58418-4.

Dorland's illustrated medical dictionary, 31st ed. Saunders, 2007. ISBN 141602364X .

The HarperCollins illustrated medical dictionary, by Ida Dox. HarperResource, 2001. ISBN 0-06-273646-9.

Mosby's Medical, Nursing & Health Dictionary 7th ed. WB Saunders, 2006. ISBN 0-323-03562-0 .

Directories

American Hospital Association guide to the health care field. Annual. American Hospital Association.

Directory of physicians in the United States. 40th ed. 2006. American Medical Association, 2006. 4 volumes. ISBN 1579477844 .

The Official ABMS compendium of certified medical specialists. Annual. Elsevier Health Science. 4 volumes. available online at the ABMS web site at: <http://www.abms.org/login.asp>

Diet And Nutrition

The American Dietetic Association complete food and nutrition guide, 3rd edition, by Roberta Duyff. Wiley, 2006. ISBN 0470041153.

Food values of portions commonly used (Bowes and Church's). 18th ed. Jean A. Pennington, Lippincott, 2004. ISBN 0781744296.

PDR for nutritional supplements. 1st edition. Thomson Healthcare, 2001. ISSN 15343642.

Drugs - Prescription And Non-Prescription

Free (or almost free) prescription medications, by Johnson, David. Robert D. Reed, 2002. ISBN 1-931741-15-8. pap \$19.95.

USPDI: United States Pharmacopeia dispensing information. U.S. Pharmacopeia Convention. updated annually. Vol 2 - Advice for the Patient.

Physicians' desk reference. Annual. Medical Economics Generally due in November of

each year.

Ear, Nose & Throat

Mayo Clinic on hearing: strategies for managing hearing loss, dizziness and other ear problems. Wayne Olsen. Mayo Clinic, 2003. ISBN 1893005291. Spanish edition also available. 2004. ISBN 970655694X

Tinnitus: turning the volume down. 2nd Ed. Kevin Hogan. Network 3000, 2003. ISBN 097093212X

When your ears ring!: cope with your tinnitus – here's how. Neil Bauman. BookSurge, 2005. ISBN 0971094330

Genetics

The encyclopedia of genetic disorders and birth defects. James Wynbrandt. 3rd Ed. Facts on File, 2007. ISBN 0816063966.

Gastrointestinal Disorders

Coping with chronic heartburn: what you need to know about acid reflux and GERD. Elaine Shimberg. St. Martin's Press, 2002. ISBN 0312982062.

Dr. Melissa Palmer's guide to hepatitis & liver disease: what you need to know. Melissa Palmer. Avery, 2004. ISBN 1583331883.

Encyclopedia of the digestive system and digestive disorders. Anil Minocha. Facts on File, 2004. ISBN 0816049939

The first year—Crohn's disease and ulcerative colitis: an essential guide for the newly diagnosed. Revised edition. Marlowe, 2007, ISBN 160094022

The first year—hepatitis C: an essential guide for the newly diagnosed. Revised edition. Cara Bruce. Marlowe, 2007. ISBN 1600940285.

The first year—IBS (irritable bowel syndrome). Heather Van Vorous. Marlowe, 2001. ISBN 1569245479.

Mayo Clinic on digestive health. 2nd Ed. John E. King, Editor. Mayo Clinic, 2004. ISBN 1893005321.

Recognizing celiac disease. Cleo J. Libonati. **Gluten Free Works Publishing, 2007. ISBN 0-97-88626-4-3.**

The sensitive gut. Michael Lasalandra. Free Press, 2001. ISBN 0743215044.

Understanding hepatitis. James L. Achord. University Press of Mississippi, 2002. ISBN 1578064368

Grief

A broken heart still beats: after your child dies. Anne McCracken, Editor. Hazelden, 2000. ISBN 1568385560.

Grieving a suicide. Albert Y. Hsu. InterVarsity Press, 2002. ISBN 0830823182.

How can I help?: how to support someone who is grieving. June Kolf. Fisher Books, 1999. ISBN 1555611877.

The orphaned adult: understanding and coping with grief and change after the death of our parents. Alexander Levy. Perseus Books, 2000. ISBN 0-7382-0361-0.

Head Injury

Living with brain injury. Philip Fairclough. Jessica Kingsley, 2002. ISBN 1843100592.

Living with brain injury: a guide for families. 2nd Ed. Richard C. Senelick. Thomson Delmar Learning, 2001. ISBN 1891525093.

Where is the mango princess? A journey back from brain injury. Cathy Crimmins. Vintage, 2001. ISBN 0375704426.

Heart Disease

Cardiac recovery handbook: the complete guide to life after heart surgery. 2nd Ed. Paul Kligfield. Hatherleigh, 2006. ISBN 1578262062

Expert guide to beating heart disease: what you absolutely must know. Harlan M. Krumholz. Collins, 2005. ISBN 0060578343.

Heart care for life. Barry L. Zaret. Yale University Press, 2006. ISBN 0300108699

Mayo Clinic heart book: the ultimate guide to heart health. 2nd Ed. Bernard J. Gersh, Ed. William Morrow, March 2000. ISBN 0-688-17642-9.

New American Heart Association cookbook. 7th Ed. American Heart Association. Clarkson Potter, 2004. ISBN 1400048265

Outliving heart disease: the 10 new rules for prevention and treatment. Richard A. Stein. Newmarket, 2006. ISBN 1557045941

Seven steps to stop a heart attack. Bob Arnot. Simon & Schuster, 2005. ISBN 0743225570

The state of the heart: the practical guide to your heart and heart surgery. Larry Stephenson. WriteStuff Enterprises, 1999. ISBN 0-945903-26-X.

To your health! A guide to heart-smart living. American Heart Association. Clarkson Potter, 2001. ISBN 0609807021.

Women are not small men: life-saving strategies for preventing and healing heart disease in women. Nieca Goldberg. Ballantine Books, 2003. ISBN 0345440994.

Medical Tests and Diagnostics

Johns Hopkins consumer guide to medical tests: what you can expect, how you should prepare, what your results mean. Simon Margolis, editor. Rebus, 2001. ISBN 0-929661-63-X.

A manual of laboratory diagnostic tests. 7th ed. Frances Fischbach. Lippincott Williams & Wilkins, 2003. ISBN 0781741807.

The patient's guide to medical tests: everything you need to know about the tests your doctor orders. 2nd edition. Joseph Segen. Checkmark Books, 2002. ISBN 0816046514.

Men's Health

American Cancer Society's complete guide to prostate cancer. David G. Bostwick, Editor. American Cancer Society Health Promotions, 2005. ISBN 0944235549.

American Medical Association complete guide to men's health. Angela Perry, Editor. Wiley, 2001. ISBN 0471414115.

Dr. Patrick Walsh's guide to surviving prostate cancer. 2nd ed. Patrick Walsh. Warner Books, 2007. ISBN 044696897.

The Harvard Medical School guide to men's health. Harvey B. Simon. Free Press, 2004. ISBN 0684871815.

Mayo Clinic on prostate health. 2nd Ed. Michael Blute, Editor. Mayo Clinic, 2003. ISBN 1893005283.

Mental Health

Back from the front: combat trauma, love, and the family. Aphrodite Matsakis. Sidran Institute Press, 2007. ISBN 1886968187.

Bipolar disorder: a guide for patients and families. 2nd Ed. Francis M. Mondimore. Johns Hopkins University Press, 2006. ISBN 0801883148.

The bipolar disorder survival guide: what you and your family need to know. David Miklowitz. Guilford Press, 2002. ISBN 1572305258.

Caring for the mind: the comprehensive guide to mental health. Dianne Hales and Robert E. Hales. Bantam Doubleday, 1996. ISBN 0553375113.

Diagnosis: schizophrenia: a comprehensive resource for patients, families, and helping professionals. Columbia University Press, 2002. ISBN 0231126255

Gale encyclopedia of mental disorders (2 volumes). Ellen Thackery, editor. Thomson Gale, 2002. ISBN 0787657689.

Harvard guide to psychiatry. 3rd Ed. Armand M. Nicholi, Editor. Harvard University Press, 1999. ISBN 0-674-37570-X.

Mayo Clinic on depression. Keith Kramlinger, editor. Mayo Clinic, 2001. ISBN 1893005178.

A Primer on mental disorders: a guide for educators, families, and students, edited by Thomas Allen. Scarecrow Press, 2001. ISBN 0810839199.

The PTSD workbook. Mary Beth Williams. New Harbinger, 2002. ISBN 1572242825.

Surviving manic depression: a manual on bipolar disorder for patients, families, and providers. E. Fuller Torrey. Basic Books, 2002. ISBN 0465186632.

Surviving schizophrenia. 5th Ed. E Fuller Torrey. Collins, 2006. ISBN 0060842598.

Musculoskeletal Diseases And Injuries

All about joints: a maintenance guide. Irwin Siegel. Demos, 2002. ISBN 1888799560.

All about muscle: a user's guide. Irwin Siegel. Demos, 2000. ISBN 1888799420.

The carpal tunnel helpbook: self-healing alternatives for carpal tunnel and other repetitive strain injuries. Scott Fried. Da Capo Press, 2001. ISBN 0738204552.

Encyclopedia of the muscle and skeletal systems and disorders. Mary H. Sayler. Facts on File, 2005. ISBN 0816054479.

Knee crisis handbook: understanding pain, preventing trauma, recovering from knee injury, and building healthy knees for life. Brian Halpern. Rodale Books, 2003. ISBN 1579548717.

The knee sourcebook. Marc Darrow. McGraw-Hill, 2002. ISBN 0737305444.

The multifidus back pain solution. Jim Johnson. New Harbinger, 2002. ISBN 157224277.

Wear and tear: stop the pain and put the spring back in your body. Bob Arnot. Simon & Schuster, 2003. ISBN 0743225562.

Neurological Disorders

100 questions about Parkinson Disease. Abraham Lieberman. Jones & Bartlett. 2003. ISBN 0763704334.

After a stroke: 300 tips for making life easier. Cleo Hutton. Demos Publishing, 2005. ISBN 1932603115.

Gale encyclopedia of neurological disorders. Stacey L. Chamberlin and Brigham Narins, Editors. Thomson Gale, 2005, 2 volume set. ISBN 078769150X.

Living with stroke: a guide for families, 3rd edition. Richard Senelick. Delmar Publishers, 2001. ISBN 1891525107.

Numb toes and other woes: more on peripheral neuropathy. John A. Senneff. MedPress, 2001. ISBN 0967110734.

Parkinson's disease and the family. Sharma Nutan. Harvard University Press, 2005. ISBN

067401751X.

Peripheral neuropathy: when the numbness, weakness, and pain won't stop. Orman Latov. Demos Medical, 2006. ISBN 193260359X.

Stroke and the family. Joel Stein. Harvard University Press, 2004. ISBN 067401667X.

Pain Management

American Cancer Society's guide to pain control. 2nd Ed. American Cancer Society, 2004. ISBN 0944235522.

Heal the pain, comfort the spirit: the hows and whys of modern pain treatment. Dorene O'Hara. University of Pennsylvania Press, 2002. ISBN 0812236386.

Managing pain before it manages you. Rev. edition. Margaret Caudill. Guilford Press, 2002. ISBN 1572307188.

Mayo Clinic on chronic pain, 2nd edition. David Swanson, editor. Mayo Clinic, 2002. ISBN 1893005275.

The truth about chronic pain: patients and professionals on how to face it, understand it, overcome it. Arthur Rosenfeld. Basic Books, 2004. ISBN 0465071392.

Understanding chronic pain. Angela Keostler. University Press of Mississippi, 2002. ISBN 1578064406.

Patient Advocacy

Making informed medical decisions: where to look and how to use what you find. Nancy Oster, Lucy Thomas and Darol Joseff. O'Reilly & Associates, 2000. ISBN 1565924592.

Reproducible Guides

Emergency department patient discharge manual (loose-leaf). Aspen Reference Group. Thomson Delmar Learning, 2002. ISBN 0934220709.

Griffith's instructions for patients. 7th ed. Stephen Moore. W.B. Saunders, 2004. ISBN 1416000364.

Instruct-A-Med: your complete electronic library of medication teaching aids (CD-ROM). Springhouse, 1999. ISBN 0874349761.

Mosby's handbook of patient teaching, 3rd edition. Mary Canobbio. Mosby, 2005. ISBN 0323032087.

Respiratory Diseases

The chronic bronchitis and emphysema handbook. Francois Haas. Wiley, 2000. ISBN 047123995X.

Coping with COPD: understanding, treating, and living with chronic obstructive pulmonary disease. Elain F. Shimberg. St. Martin's Griffin, 2003. ISBN 0312307772.

Harvard Medical School guide to taking control of asthma. Christopher H. Fanta. Free Press, 2003. ISBN 0743224787.

Returning Veterans (new category)

Courage after fire: coping strategies for troops returning from Iraq and Afghanistan and their families. Keith Armstrong. Ulysses Press, 2006. ISBN 1569755132.

Down range: To Iraq and back. Bridget C. Cantrell. Wordsmith Books, 2005. ISBN 1933150068.

Married to the military: A survival guide for military wives, girlfriends, and women in uniform. Meredith Leyva. Simon & Schuster Fireside, 2003. ISBN 0-74320-5554-2.

Moving a nation to care: Post-traumatic stress disorder and America's returning troops. Ilona Meagher. Ig Publishing, 2007. ISBN 0977197271.

While they're at war: The true story of American families on the homefront. Kristin Henderson. Houghton Mifflin. 2006. ISBN 978-0618558759.

Surgery

The anesthesia fact book: everything you need to know before surgery. Frank Sweeny. Perseus, 2003. ISBN 073820823X.

Gale encyclopedia of surgery: a guide for patients and caregivers. Anthony J. Senagore, Editor. Gale, 2003. 3 volume set. ISBN 0787677213.

Organ transplants: making the most of your gift of life. Robert Finn. Patient Center Guides, 2000. ISBN 156592634X.

Second opinion: the Columbia Presbyterian guide to surgery. Eric A. Rose. St. Martin's Press, 2000. ISBN 0312205848.

Under the mask: a guide to feeling secure and comfortable during anesthesia and surgery. James Cottrell. Rutgers University, 2001. ISBN 081352878X.

Understanding surgery: a comprehensive guide for every family. Joel Berman. Branden Books, 2001. ISBN 0828320616.

Vision

The aging eye. Harvard Medical School. Free Press, 2001. ISBN 0743215036.

Coping with vision loss: maximizing what you can see and do. Bill Chapman. Hunter House, 2001. ISBN 0897933168.

Encyclopedia of deafness and hearing disorders. 2nd ed. Carol Turkington. Facts on File, 2004. ISBN 0816056153.

The first year: age-related macular degeneration: an essential guide for the newly diagnosed. Daniel L. Roberts. Marlowe, 2006. ISBN 1569242860

The macular degeneration sourcebook: a guide for patients and families. Bert Glaser. Addicus Books, 2002. ISBN 1886039534.

Mayo Clinic on vision and eye health. Helmut Buettner, editor. Mayo Clinic, 2002. ISBN 1893005208.

Women's Health

Complete guide to mental health for women. Lauren Slater. Beacon Press, 2003. ISBN 0807029254.

Dr. Susan Love's breast book. 4th rev. edition. Susan M. Love. Da Capo Books, 2005. ISBN 0738209732.

Dr. Susan Love's menopause and hormone book: making informed decisions. Susan M. Love. Three Rivers Press, 2003. ISBN 0609809962.

New Harvard guide to women's health. 2nd Ed. Karen J. Carlson. Belknap Press, 2004. ISBN 0674013433.

Our bodies, ourselves: updated and expanded for the 'nineties. 35th Ed. Boston Women's Health Collective Staff.. Peter Smith Publisher, 2005. ISBN 0844672793 . Select, online excerpts from this book can be found at:
<http://www.ourbodiesourselves.org/excerpts.htm>

The V book: a doctor's guide to complete vulvovaginal health. Elizabeth Gunther Stewart. Bantam, 2002. ISBN 0553381148.

Women's health and wellness: an illustrated guide. Anatomical Chart Company. Lippincott, Williams & Wilkins, 2002. ISBN 1587790564.

The Yale guide to women's reproductive health from menarche to menopause. Mary Jane Minkin. Yale University Press, 2003. ISBN 0300098200.