

SPECIAL RECOGNITION CATEGORY

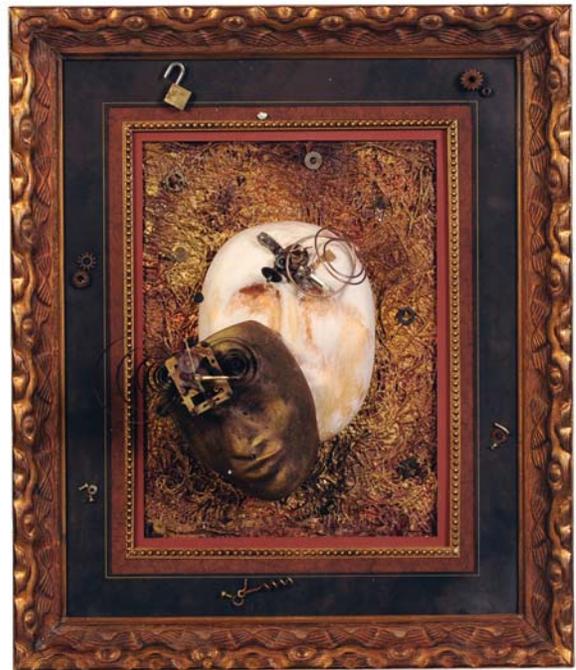
MENTAL HEALTH CHALLENGES ART DIVISION

Passages: Time to Break Free from PTSD

PAMELA “JADE” SCOTT
VA EASTERN COLORADO
HEALTH CARE SYSTEM
DENVER, COLORADO

Creating a work of art is a journey toward healing for Army veteran Pamela “Jade” Scott. Faced with the challenges of Post-traumatic Stress Disorder (PTSD), she discovered through art an avenue to redirect her feelings toward peace of mind. According to Scott, her most recent creation, *Passages: Time to Break Free from PTSD* represents “my deepest desire to live a normal life despite the effects of PTSD.”

Scott has discovered that working predominately with clay to create masks reflects “an evolution in transformation.” Another of her creations, entitled *Celtic Warrior - The Power of the Mask*, won first place in the 2007 National Veterans Creative Arts Competition.



Scott says, “My passage may not be complete, but it truly is my time to break free from PTSD.”