



*A place that meets the needs of women veterans is as close as the nearest VA Medical Center*

Every VA facility has a Women Veterans Program Manager to assist you.



DEPARTMENT OF VETERANS AFFAIRS

# Reaching Out TO WOMEN VETERANS

WOMEN IN THE MILITARY



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## A Promise Kept

*The Women Veterans Health Strategic Health Care Group will promote the health, welfare, and dignity of women veterans and their families by ensuring equitable access to timely, sensitive, quality health care.*

## Eligibility for VA Health Services

- 2 Years Active Duty Service or
- Deployment in Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) or
- Military Sexual Trauma

### Additional Information:

- VA Health Benefits Call Center  
**1-877-222-VETS** (1-877-222-8387)
- Veterans Benefits Administration  
1-800-827-1000  
[www.vba.va.gov](http://www.vba.va.gov)
- Women Veterans Health Strategic Health Care Group  
**[www.va.gov/wvhp](http://www.va.gov/wvhp)**



FOR MORE INFORMATION:  
Contact the Women Veterans Program Manager at the nearest VA Medical Center

1-877-222-VETS  
(1-877-222-8387)

**[www.va.gov/wvhp](http://www.va.gov/wvhp)**

Women Veterans Health Strategic Health Care Group (13E)  
Veterans Health Administration  
Department of Veterans Affairs  
Washington, DC 20420

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# YOU SERVED.... YOU DESERVE

## General Health Care

- Primary Care
- Family Planning and Birth Control
- Gynecological Care
- Maternity Care
- Infertility Evaluation and Treatment
- Midlife and Menopause Issues
- Osteoporosis
- Wellness and Healthy Living
  - Nutrition and Weight Management
  - Stop Smoking Programs
- Cancer Screenings
- Mammograms



## Mental Health Services

- Management of Depression, Anxiety, Stress
- Adjustment from Deployment
- Counseling and Medication
  - Military Sexual Trauma
  - Family and Parenting Issues
  - Interpersonal Violence
- Treatment for Alcohol and Drug Dependence

## Special Programs

- Vocational Rehabilitation
- Education Opportunities
- Links to Job and Career Counseling
- Services for Homelessness
- **MOVE!** - Managing Obesity in Veterans Everywhere

